PRE-ECLAMPSIA



"AAYUSHYA **Center for Fetal Medicine**

Few Facts and Figures about PRE-ECLAMPSIA

Pre-ec<mark>l</mark>ampsia is a hypertensive (high blood pressure)

When serve it can affect your liver & Kidneys and have an impact your Cardiovascular System in long run.

> You are at aged risk of Pre-Eclampsia if -

- First Pregnancy, Age ≥ 40 Yrs.
- Overweight,
- Family h/o PE
- Twins / Multiple Pregnancy
- Have other medical problems

Responsible for 15% of premature births in industrialized countries.2



prevalence is reported to be . 8-10% among

pregnancy and may extends up to six weeks postpartum (after delivery).3,

A leading cause of nearly 76,000 maternal and 500,000 infants death per year.3 (Global Burden)

FIVE MEASURES TO REDUCE THE RISK

Visit your doctors regularly for all the prenatal checkups.





Monitor your blood pressure level & body weight regularly.

Eat healthy. exercise regularly and keep tracking your body weight.

emphasize on schemes for Pre - Eclampsia to prevent complication

THE BENEFIT OF FIRST-TRIMESTER SCREENING:

Early detection through first-trimester screening can lead to timely interventions and prevention of further complications.

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